Ivoclar Vivadent’s Cervitec Plus varnish system is an easy-to-use product that can benefit a variety of patients. We use Cervitec Plus in our office mostly for patients who are experiencing dentinal or cervical hypersensitivity, whether localized or generalized. With chlorhexidine and thymol as active ingredients, the varnish reduces bacterial activity in the mouth and can help to prevent demineralization and caries. This varnish system is also an excellent choice for patients who have xerostomia or trouble keeping the areas around their restorations clean. It can help protect restorations and difficult-to-reach areas around orthodontic brackets and bands.

Cervitec Plus is simple to apply precisely where it is needed. After the areas to be treated have been isolated and dried, the varnish is applied with the applicator brush around the gingival margins of the tooth. After application disperse with air and allow the varnish to dry. The varnish dries clear, so there is no esthetic concern for patients who are heading into public when they leave the office. Unlike chlorhexidine mouth rinses, this varnish will not stain or discolor their teeth. Following professional application, patients should be instructed not to rinse, eat, or drink for one hour.

Available in single-dose and multi-dose units with Vivadent applicator brushes, Ivoclar’s Cervitec Plus varnish is easy to apply, adheres well to tooth and restoration surfaces, and provides dentinal hypersensitivity relief and reduced bacterial load in the mouth. These factors make it a quality product to keep in your arsenal for those patients who may need help with bacteria control or hypersensitivity reduction.

**Cervitec® Plus varnish system by Ivoclar Vivadent Inc.**

**By Colleen M. Olson, RDH, BBA**

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**Colleen M. Olson, RDH, BBA,** is an editorial director for the e-newsletter, *Pearls for Your Practice: The Product Navigator.* She earned her bachelor’s degree in business administration from Texas A&M University in 2008 and worked in sales for five years. She graduated from the Blinn College Dental Hygiene program in 2013. She is currently a full-time hygienist in private practice in San Antonio, Texas. Colleen enjoys spending time outdoors with her husband, Zach, and their dogs, a Great Dane named Shiner and a shepherd mix named Duddley.